



# Federation of Psychotherapists & Counsellors of Queensland Inc

P.O. Box 160, Grange, Qld. 4051  
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## ***FPCQ Special One Day Workshop*** **Ego States, the Games People Play & How Your Life Script Affects your Life: using T/A** ***Kaye Laemmle***

**Date:** Wednesday 25<sup>th</sup> May  
**Venue:** Logan City Tavern  
**Address** 108 Wembley Road  
**Room:** Function Room  
**Time:** 9.00 am - 3.00 pm (Registration: 8.30 am)  
**Cost:** \$160 FPCQ Members  
\$190 ACA Members  
\$190 Non Members

***Plenty of free parking at Venue, drive through the drive in bottle shop and follow through to the back to park.***

***Catering: Morning Tea and Lunch will be provided***

**OPD 12 points**

***The FPCQ welcomes all professionals to our one-day workshops and being a member of a professional association is not a requirement of attendance.***



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### ***Workshop Information:***

## **Ego States, the Games People Play & How Your Life Script Affects your Life:** using **Transactional Analysis**

**This is a Transactional Analysis workshop on ego states, describing how one may interact from those ego states and how, with knowledge one can improve awareness, spontaneity, understanding and intimacy.**

- **You will have the opportunity to understand your stroking hierarchy, how that hierarchy impacts on relationships and how to give and accept strokes.**
- **Understand the part you played in the fairytales you created in your childhood is an indication of how you viewed yourself and how you play your games as an adult.**
- **We will look at the position you operate in from I'm OK Your OK/ I'm not OK your OK/ I'm OK your not OK/ I'm not OK Your not OK and how this position impacts on your life.**
- **You will be given tools, handouts and valuable information you can use with your clients.**
- **You will learn games people play and how one becomes involved in someone else's games quite easily.**
- **What Burnie calls 'rackets' and how we are encouraged to play these games and continue to reproduce these games in our adult life.**

- We will look at the two main games, ‘poor me’ & ‘one- up- man-ship,’ and how interestingly these two games are often played together. It is common to play some of these games at times depending on what is happening in ones life, or what situation one may find themselves in. These games are a tool to control and manipulate when used in a derogatory manner or habitually.
- You will have the opportunity to find your ego states and how they impact on your behaviour. You will understand how your stroking hierarchy, impacts on your ability to accept and give love. In the ego state you will find out if you are a rescuer / nurturer/ victim/ persecutor/criticizer. This will be done through questions and graphs.
- We will talk about the rescuer and understand the destructive pattern of rescuing and understand that women are conditioned to look for a rescuer, and, men to rescue, through traditional fairytales such as ‘Cinderella’ and ‘they lived happily ever after.’ Alternatively, women are conditioned to rescue in romance to change the man into a more palatable human. It is her job to make sure his life is stress free and functional as in ‘Snow White and the Seven Dwarfs.’

Finally you will understand your life script and how that impacts on your ability to interact with others openly, conduct relationships, closeness and attitude to sex. Our life script is a self-fulfilling prophecy we continually operate in until we understand and consciously work on that script.

Kaye Laemmle uses the ego and life script positions with couples in her relationship counselling to assist clients understand how they communicate and how their life script and stroking hierarchy impacts on their relationship. The visual aspect of this technique allows the clients to work on change and have the opportunity to re-evaluate down the track and chart their growth. The technique also allows the clients to understand why they are behaving in a particular manner.

Summing up this workshop is a complement to Advance my Word by Linda-Ann (attending Linda-Ann’s workshop is not a requirement) as your script will make sense with your word as will Christine’s Face Reading in August.



Kaye Laemmle Bac. Soc. Sci. Counselling, Communication & Relationship Communication; Dip. T/AN



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## FPCQ Workshop Registration Form:

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
\_\_\_\_\_  
Phone: \_\_\_\_\_ Mobile \_\_\_\_\_  
Email: \_\_\_\_\_  
Diet Requirements \_\_\_\_\_

**FPCQ 2011 One Day Workshop**  
**Workshop Presenter: Kaye Laemmler**  
**Wednesday, 25<sup>th</sup> May 2011 Logan City Tavern Function Room.**  
**108 Wembley Road Logan Villiage Qld.**

**FPCQ Rate:**  
**\$ 144.00 Fee**  
**\$ 16.00 GST**  
**\$ 160.00 Total fee**

**ACA Member Rate:**  
**\$171.00 Fee**  
**\$ 19.00 GST**  
**\$190.00 Total Fee**

**Non Member Rate:**  
**\$171.00 Fee**  
**\$ 19.00 GST**  
**\$190.00 Total Fee**

**Payment Method:**  
Cheque / Money Order made payable to: Federation of Psychotherapists & Counsellors of Qld. Inc.

Amount paid: \$ \_\_\_\_\_.00 (GST inclusive)

Card number: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Exp date \_\_ / \_\_ Name on card \_\_\_\_\_

Signature: \_\_\_\_\_

**Cancellation Policy:** If you are unable to attend the workshop, a substitute delegate is welcome, at no extra charge. Where no substitute is available, a fee of **\$80.00** per person (inc GST) will be deducted from your refunded registration fee for cancellations received by FPCQ in writing prior to Wednesday 23<sup>rd</sup> June, 2010. Thereafter no refunds will be made. Seats are limited and will be allocated on a first come basis. **Note: All receipts and Certificates of Attendance will be issued on the day.**

## How to get to the venue

### Directions from Brisbane

#### [City Rd Logan City QLD 4207, Australia](#)

1. Head north on City Rd toward Hanover St 550 m
2. At the roundabout, take the 2nd exit onto the PACIFIC MOTORWAY North/M1 ramp to Brisbane 650 m
3. Merge onto M1/Pacific Motorway 9.2 km
4. Take exit 23 for PARADISE Rd toward State Route 50/Woodridge/Logan Central 300 m
5. At the roundabout, take the 2nd exit onto Paradise Rd/State Route 50 heading to Logan Central/Woodridge 1.9 km
6. Slight left at State Route 50 450 m
7. Turn right at Wembley Rd Destination will be on the left 1.0 km

#### [Logan City Tavern & Function Room 108 Wembley Road Logan Center, Logan Village QLD 4207, Australia](#)

### From Brisbane City

1. Head northwest on George St toward Burnett Ln 220 m
2. Take the 2nd left onto Ann St 130 m
3. Turn left to merge onto Pacific Motorway 21.2 km
4. Take exit 22 toward WATLAND STREET 300 m
5. At the roundabout, take the 1st exit onto Rochedale Rd 500 m
6. Turn left at Watland St 300 m
7. At the roundabout, take the 3rd exit onto Park Rd 1.0 km
8. Turn left at Kingston Rd 1.6 km

9. Turn right at Wembley Rd Destination will be on the left 1.0 km

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From Ipswich

1. Head east on Brisbane St toward Ipswich City Mall 750 m
2. Continue onto Queen Victoria Parade 550 m
3. Continue onto Brisbane Rd 6.8 km
4. Take the ramp onto Ipswich Motorway 8.3 km
5. Take exit LOGAN MOTORWAY toward Logan/Gold Coast/Brisbane Airport 850 m
6. Merge onto Logan Motorway Partial toll road 16.4 km
7. Take the State Route 50/WEMBLEY Rd exit toward Logan Central/Browns Plains 350 m
8. At the roundabout, take the 3rd exit onto Wembley Rd heading to Logan Central 4.2 km
9. Turn left to stay on Wembley Rd 20 m
10. Turn right to stay on Wembley Rd 550 m
11. Make a U-turn Destination will be on the left 750 m

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From the Gold Coast

1. Head north on Surfers Paradise Boulevard toward Elkhorn Ave 550 m
2. Take the 2nd left onto Cypress Ave 160 m
3. Turn right at Gold Coast Hwy 4.5 km
4. Turn left at North St 650 m

5. Continue onto Smith St 1.1 km
6. Continue onto Smith Street Motorway 5.6 km
7. Take the exit onto M1/Pacific Motorway 42.1 km
8. Take exit 23 for PARADISE Rd toward State Route 50/Woodridge/Logan Central 300 m
9. At the roundabout, take the 2nd exit onto Paradise Rd/State Route 50 heading to Logan Central/Woodridge 1.9 km
10. Slight left at State Route 50 450 m
11. Turn right at Wembley Rd Destination will be on the left 1.0 km

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