

“What’s my word?”

The one word answer to better relationship communication



About the workshop

Everyone has one key word that defines their life purpose. Each word has a positive and negative side highlighting *life issues* and the *individual gift* you have to bring to the world - both at home, and in the workplace. **What’s my word?** is a unique self development model specialising in human relationships based around just one word. It provides an extra-ordinary learning tool and framework for understanding people’s behaviour. Participants learn to recognise their own responses and make conscious choices about who they want to be, and how they hope to respond in relationship to others.

Friday, 26th March 2010

9.00 am to 3.00 pm

Central Bardon Conference Venue

Register with FPCQ now as seats are limited

What you will learn

As counsellors, finding your word, together with those of your partner, family, work colleagues and friends, or helping clients to find their word/s creates new opportunities to effectively manage ‘tricky and sticky’ situations in communicating with others.

Increase your ability to:

- Self-manage, and understand what is driving individual behaviour
- Recognise where people are at ... and why!
- Identify individual beliefs, issues and intentions
- Discern people’s actions and reactions as an act outside of oneself
- Understand assumptions, responses and ascribed meaning
- Frame human relationships and communications *energetically*
- Manage challenging behaviours
- Transform potentially negative confrontations
- Work together in an authentic and genuine way

Who is the presenter?

Linda-Ann Northey, B Ad Voc Teach, M Counselling.

Linda-Ann is a management consultant and specialist facilitator who has worked extensively with individuals and organisations across Queensland for the past 22 years. Linda-Ann has successfully utilised the **What’s my word?** program to assist personal and workplace outcomes in relation to: team building, customer service, professional supervision, communication skills, leadership programs, conflict resolution, training and development, performance planning, personal growth and relationship counselling. **What’s my word?** has also been the secret ingredient behind Linda-Ann’s community education program, the WAVVE (Warning Against Vehicle Violence Education), an education model for victims and perpetrators of road rage - *nominated for a Queensland Road Safety Award, 2002.*

Testimonials

This is the best awareness raising tool and behavioural change model I have seen used with any team in the workplace (General Manager, Bundaberg Distilling Company).

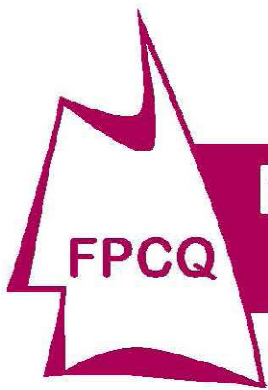
I had a choice in how I was going to react, which made life less stressful for me and my customers (Team Leader, SmartLicence).

My wife and I could finally speak to each other more peacefully, even about previously taboo subjects (Electrical Engineer, Australian Defence Force).



Look forward
to seeing you,

Linda-Ann



Federation of Psychotherapists & Counsellors of Queensland Inc

P.O. Box 160, Grange, Qld. 4051
Tele: 07 3356 4937. Fax: 07 3356 4355
Email: secretary@fpcq.asn.au
Website: www.fpcq.asn.au

FPCQ 2010 ONE DAY WORKSHOP

presenting

Linda-Ann Northey

“What’s my word?”

Friday, 26th March, 2010

Venue: The Central Bardon Conference Venue
Address: 390 Simpsons Road, Bardon, Qld. 4065
Room: The Joshua Jeays Room
Time: 9.00 am - 3.00 pm (Registration: 8.30 am)
Cost: \$160 FPCQ Members
\$190 Non Members

Plenty of free parking at Venue

OPD 12 points



The FPCQ 2010 One Day Workshop is open to all, whether or not members of professional associations

Catering: The Workshop is fully catered for your enjoyment

**REGISTER NOW TO AVOID DISAPPOINTMENT
AS SEATS ARE LIMITED**

Please note: FPCQ telephones have been reconnected

An FPCQ Special Workshop Event not to be missed...

REGISTRATION FORM

FPCQ 2010 One Day Workshop
Workshop Presenter: Linda-Ann Northey
Friday, 26th March, 2010
The Central Bardon Conference Venue

FPCQ Rate:
\$ 144.00 Fee
\$ 16.00 GST
\$ 160.00 Total fee



Non Member Rate:
\$171.00 Fee
\$19.00 GST
\$190.00 Total Fee

Name: _____

Address: _____

Work Ph: _____ Mobile: _____

Email: _____

Payment Method:

Cheque / Money Order made payable to: Federation of Psychotherapists & Counsellors of Qld. Inc.

Credit Card payments: MasterCard Visa

Amount paid: \$ ____ .00 (GST inclusive)

Card number: ____ / ____ / ____ / ____
exp date ____ / ____

Name on card

Signature:

Cancellation Policy: Workshop Registration ... If you are unable to attend the workshop, a substitute delegate is welcome, at no extra charge. Where no substitute is available, a fee of **\$80.00** per person (inc GST) will be deducted from your refunded registration fee for cancellations received by FPCQ in writing prior to Wednesday, 3rd March, 2010. Thereafter no refunds will be made. Seats are limited and will be allocated on a first come basis. **Note: All receipts and Certificates of Attendance will be issued on the day.**