



Federation of Psychotherapists  
and Counsellors of Queensland Inc



International Association for Counselling

# *Connecting Creating Celebrating*

## International Conference on Counselling 2006

*Rydges South Bank Hotel  
Brisbane, Queensland, Australia*

*Wednesday 5 July – Saturday 8 July 2006*

**This conference is approved for Ongoing Professional Development for members of  
Australian Counselling Association • Federation of Psychotherapists and Counsellors of Queensland Inc  
Clinical Counselling Association**

**This conference is approved for Continuing Education Units for members of  
American Counseling Association**

*Members of the public are welcome to attend the conference.*

# Wednesday 5 July 2006

8:00am Registration and coffee

## 9:00am International Research Seminar – chaired by Dr Lina Kashyap

**The International Research Seminar is a system for reporting on and adding to international research projects on counselling issues. Topics currently being researched are:**

- The International Comparative Ethics project – chaired by Dr Tim Bond (UK)
- A seven-nation study of mentors and role models for adolescents – chaired by Dr Courtland Lee (USA)
- National profiles of counselling – chaired by Freddie de Paolo (Venezuela)
- Client / counsellor perceptions – chaired by Gunar Schroder (Sweden)
- Perceptions of the role of counsellors in promoting social justice – chaired by Raquel Erhard (Israel)
- Women's experience of loss of a sibling in young adulthood – chaired by Dr Sharon Robertson (Canada)
- A profile of the elderly – social networks, care provisions and views of the third age – chaired by Dr Lina Kashyap (India)
- International perspectives in counselling – chaired by Rex Stockton (USA)

**PLEASE NOTE:** Delegate numbers are limited to 100. Lunch and afternoon tea will not be provided on this day.

5:00pm Close

4:00pm to

6:00pm Registration

## 6:00pm Welcome Party

**Welcome to the International Conference on Counselling 2006!** Please join us for some delicious canapés and stimulating conversation. You are very welcome to bring a guest.

**PLEASE NOTE:** Numbers are limited to the first 200 paid up delegates / guests. **Dress:** Casual elegance.

7:30pm Close

# Thursday 6 July 2006

8:00am Registration at Rydges South Bank

## 8:15am Brisbane Convention & Exhibition Centre

Tea and coffee on arrival. Registration desk will be at Rydges Hotel and open throughout the conference.

## 9:00am Opening Ceremony

## 10:15am Keynote Speaker

**JERRY MOE** MA, MAC, CET II, National Director of Children's Programs at Betty Ford Center in California, Texas and Colorado, Advisory Board Member of National Association for Children of Alcoholics (NACoA), author, lecturer and trainer.

**"Counselling Traumatized Children"**

## 11:00am Walk to Rydges South Bank

Morning tea

## 11:30am Working Groups – Part 1 of 3

**Working groups provide the opportunity to share knowledge and practice in a wide variety of counselling practices and settings.**

**Working Group A** Personal counselling

**Working Group E** Trauma and non-finite grief counselling

**Working Group B** Family counselling

**Working Group F** Counsellor training and supervision

**Working Group C** Career counselling

**Working Group G** Cross cultural issues in counselling

**Working Group D** Counselling in educational settings

**Working Group H** Counsellors' roles in community mental health

1:00pm Informal lunch

## 2:00pm Workshops – Session 1

### Workshop 1A Indigenising? Globalising? Universalising? Where To in Intercultural Counsellor Education? Lessons from Research in Hong Kong to Stimulate our Dialogue

**Ann Moir-Bussy** B Ed, MA, Completing PhD

Between 2003 and 2005, for her PhD research, Ann Moir-Bussy worked with graduates of western-based counsellor training programs in Hong Kong, exploring with them the process they used to reconceptualise the western theories learnt, and how they then adapted them for their own context. Key findings from the research will be presented, to stimulate a 'dialogical dialogue' of topics such as 'indigenisation', 'globalisation' and 'universalisation', and the affects these terms and movements may have on cultural approaches within counselling in very different contexts. This interactive session aims to be challenging and transformative for all, as we use our creativity and imagination; connecting across cultures; and celebrate the contributions we can bring to wellbeing around the world.

### Workshop 1B Walking the Tighrope: An Exploration of Dual Relationships

**Gabrielle Syme** Author, counsellor in private practice, former Chair of BACP

Dual relationships arise whenever a therapist assumes more than one significantly different role either simultaneously or sequentially with a client, supervisee or trainee. These relationships are not necessarily harmful, or unavoidable, but there is always a potential for a conflict of interest and of exploitation of the person seeking help. This workshop will explore how we protect our clients from harm, work creatively with them and balance their needs with our professional codes of ethics. Some of the following issues will be discussed. Are the Western biased codes so ethnocentric that they are inappropriate for more communally based societies? Are there times when accepting a gift is right? Can barter ever be used when paying for therapy? Can a dual relationship ever help a client?

### Workshop 1C Religion, Values and Secular Counselling: An Ecumenical and Wholistic Approach

**Randolph Bowers** PhD, GC Higher Edu, Med Counselling, CPNLP, BA, CMACA, RSACA

What is the place of religion in a largely secular profession? How can one reconcile his/her religious values and aspirations with humanism? What and where is the soul of secular and business-focused counselling in today's world? This workshop will present the central values of humanistic and existential counselling, and the central religious values of Western Christianity expressed in a contemporary socio-political and postmodern understanding of the Gospel message. As both a Lecturer in Counselling, and a Minister of Religion, Randolph's work tends to be provocative, thought provoking, and insightful. Participants will be asked to look at their personal frameworks for meaning while reflecting on the ideas presented in small groups, and to collect and share their insights with the conference.

	<p><b>Workshop 1D</b> <b>What are the Necessary and Sufficient Elements of the Supervision Relationship?</b>  <b>Mile Glamcevski</b> PhD, M Ed, M Med Sc, PGD Psy  The supervision relationship is a dynamic process in which the supervisor and supervisee negotiate a personal way of using a structure of power and involvement that accommodates the supervisee's progression in learning. This structure becomes the basis for the process by which the supervisee acquires knowledge and skills ultimately for the empowerment of the supervisee, and to the benefit of the clients and supervisor. Mile proposes that careful consideration of the fundamental principles within the supervision of counselling is required, regardless of theoretical, organisational or situational context. This requirement will be the focus of the workshop.</p> <p><b>Workshop 1E</b> <b>Career Education for Special Education Students</b>  <b>Jackie Allen</b> EdD  The goal of the workshop will be to present and discuss the importance of career education for special education students and provide participants with guidelines for developing career development goals and curriculum. Current special education laws and procedures, including the Individual Transition Plan, in the United States will be related to the career development needs of special education students. The roles and functions of the school counsellor and other support professionals will be emphasized. The National Career Development Guidelines and the American School Counsellor Association Position paper and National Model will provide guidelines for curriculum content and standards-based comprehensive school counselling programs.</p> <p><b>Workshop 1F</b> <b>Developing a Successful Private Practice in Australia</b>  <b>Philip Armstrong</b> GD Counselling, D Psy  <b>Ken Warren</b> BA, M Soc Sc, PACFA registered, MACA (Clinical)  Just what does it take to develop a successful private practice in Australia? Philip Armstrong and Ken Warren will present the results of recent research of Australian private practitioners conducted collaboratively with the University of South Australia. The research reveals the inside workings of private practices, successful methods for attracting clients and building your business. Philip and Ken will also discuss the implications for those wishing to establish or develop their practices.</p>
3:15pm	Afternoon tea
3:45pm	<p><b>Workshops – Session 2</b></p>
	<p><b>Workshop 2A</b> <b>Doing Well in Turbulent Times: The Experience of Canadian Workers</b>  <b>Lee Butterfield</b> MA, CCC, CHRP  <b>William Borgen</b> PhD  In today's work world, many people are asked to be creative, energetic, and flexible while change is occurring around them at unprecedented rates. This workshop reports on the findings of a research project currently in progress in the Counselling Psychology Program of the Faculty of Education at the University of British Columbia which has been studying people in the workplace who self-report as "doing well" in the current work environment. The workshop will present the results of this research and discuss implications for counselling and vocational psychology practitioners and theory.</p>
	<p><b>Workshop 2B</b> <b>'RRRR' Model for an Assertive Response Resolution</b>  <b>Kaye Laemmle</b> Dip Prof Couns, Dip HH (ADPh), Dip HH (TAn), Neurotherapy  The workshop will introduce participants to the RRRR Model. The object of the model is to use a three-breath response time to execute an assertive resolution in times of stress created by an interruption to your peace. The purpose of this method is to recognise our own feelings because of this interruption. We then validate that feeling/ situation/interruption whilst using a three-breath relaxation to execute more assertive resolution behaviour. If we have a reaction resolution to a rude interruption, we often find that there is aggression that builds for you, and possibly others. However when the response breath is added, we have time to value what is happening, our part in the rude interruption, and how we are affected, then work on circumventing a potentially explosive situation.</p>
	<p><b>Workshop 2C</b> <b>Coping with the Trauma of Domestic Abuse: Strategies of Christian Women</b>  <b>Lynne Baker</b> D Teach, B Soc Sc, M Ed Stud (Guidance &amp; Counselling), PhD (candidate, UQ)  This workshop reports on a study that explored the coping strategies of Christian women experiencing domestic abuse. As practicing Christians, the women in this study utilised their faith and employed a number of religion-based strategies in an attempt to cope with the trauma of living in a domestic abuse situation on a daily basis. The most significant religion-based coping strategies included continuing to maintain a view of God, and nurture a relationship with Him, as a caring and loving Father; prayer, either for strength to continue, wisdom to make the right choices, or simply for change in the behaviour of the perpetrator; and the Scriptures themselves.</p>
	<p><b>Workshop 2D</b> <b>A Taste of Tango: A Process Orientated, Holistic Approach to Counselling</b>  <b>Christina Nielsen</b> BSW, BAC, M.AppSci, Cert of Advanced Acupuncture &amp; Herbal Medicine (Hangzhou China)  Process Orientated and Holistic are words often bandied around. Did you know that Process Orientated Psychology refers to a specific approach? It has arisen from the work of Carl Jung and combined quantum physics and Eastern and traditional spirituality to provide a deep and broad ranging approach and skills base, that leads us into a beautiful dance with our clients, our own lives, and the times in which we live. Come to this workshop to have a taste! It will be interactive and skills based.</p>
	<p><b>Workshop 2E</b> <b>Trust – Creating an Ethic to Encompass Cultural Diversity</b>  <b>Tim Bond</b> BA, CQSW, Cert Ed, PhD, Fellow BACP  One of the major challenges faced by counsellors is how to work with people from different cultural backgrounds within a psychologically intimate relationship. This challenges us collectively in how we present and develop counselling services in different contexts and individually with our clients. The challenge is made more difficult when our professional ethic is developed in a thoroughly Westernised and modernist tradition which is arguably too culturally restrictive to encompass diversity. This workshop will provide opportunities to hear about the latest thinking on the ethic of trust and to test how far it achieves one of its aims to provide ethical points of reference for working with difference.</p>
	<p><b>Workshop 2F</b> <b>What do Clients Expect from Career Counselling?</b>  <b>Ros Lim</b> BA, GD Teach, GD Sch Couns, M Admin, PhD  The career counselling services industry is currently being challenged by a unique set of conditions which has resulted in calls for a greater client orientation in the delivery of career services. This workshop promotes a client orientation by exploring client expectations. Through activities and presenter input, participants will review the outcomes of a project which researched the expectations of people in career transition (Year 12 students, final year university students and adults) and discuss the implications of the findings for career counsellors.</p>
5:00pm	Close (free time)
5:15pm	<p><b>Meeting of Executives of Counselling Associations hosted by IAC</b>  <b>The International Association for Counselling proudly invites one representative from each state and national professional counselling association to attend this meeting, for the unique opportunity to meet and share ideas.</b></p>
6:15pm	Close (free time)

# Friday 7 July 2006

8:30am Coffee on arrival

## 8:55am **Opening Address**

**RON PERRY** President of Psychotherapy and Counselling Federation of Australia

## 9:00am **Keynote Speaker**

**DR PAUL GIBNEY** Renowned relationship specialist, Senior Lecturer in School of Social Work & Applied Human Services at University of Queensland, psychotherapist in private practice  
"Effective Therapy"

## 9:45am **Workshops – Session 3**

### **Workshop 3A Back from the Edge Youth Project: Profile of a Local Initiative**

**Doug Herrington** Project Co-ordinator, Cert III Community Services, ex-addict, ex-prisoner

**Philip Armstrong** FPCQ President, Project Manager

Back from the Edge is an innovative project from the Federation of Psychotherapists and Counsellors of Queensland Inc that is being run in partnership with the Police Community and Youth Club (PCYC Qld), Clinical Counselling Centre and the Pine Rivers City Council. The program is centred round working with youth at risk in the Pine Rivers Shire area. These youth are primarily engaged in drug and alcohol-taking in parks. The program is aimed at using music to refocus these youth away from self-destructive behaviours. The program encourages the youth to put their energies into writing, performing and recording music.

### **Workshop 3B Using Motivational Interviewing as a Tool for Behaviour Change**

**Damian Walsh** DTeach, BEd, C Addiction Counselling, C Family Therapy, M Soc Sc (Counselling)

The workshop will provide a brief overview of the types of issues presented and the approaches taken with the clients that present at the Mandurah office of the Palmerston Association. Palmerston is a specialist Drug and Alcohol counselling agency founded in Perth in 1980. The presentation will explore one of the prime tools utilised by the Palmerston Association staff in working with clients in their use of alcohol and other drugs, namely 'Motivational Interviewing'. Motivational Interviewing is a counselling approach designed to help people with decisions about their behaviour. In this presentation after investigating the theory behind Motivational Interviewing, the participants will be invited to work through the basic skills in small groups using case examples from the presenter's experience.

### **Workshop 3C Challenges of Counselling Education in Lay Volunteer Settings**

**Debbie Garratt** BEd (Adult Ed), BSc (Nursing), MEd (Adult), C Humanistic Psychology & Counselling

The training and education of lay volunteers to become counsellors is a relatively common practice in Australia with groups such as Lifeline and pregnancy crisis counselling services throughout the country. However the process of training and the competency standards appear to have been a bit of a 'hit and miss' process with no real guidelines or evidence to support current practice. During this workshop participants will explore and discuss the ethical dilemmas faced in this setting, and the challenges facing organisations to develop and implement minimum standards. Debbie will present a model of counsellor education based on Roger's client centred theory and focused on counsellor self awareness.

### **Workshop 3D Creating Cross-Cultural Counselling Competencies: Implications for Social Justice and Practice**

**Rita Chi-Ying Chung** PhD

**Fred Bemak** PhD

As the world becomes more globalised it creates an interconnection with people from different and diverse backgrounds. A challenge for counsellors is acquiring the knowledge and skills required to provide culturally responsive services to clients from culturally different backgrounds, worldviews, attitudes, beliefs and values and work towards equity, fairness, and equal access of resources and services for all people. Compounding the challenge is the fact that traditional counselling theories, interventions, skills and techniques are based on Western practices and ideology. The workshop will provide an opportunity to discuss methods on how counsellors can develop cross-cultural competence in order to provide culturally responsive services and work towards social justice and human rights with diverse clientele.

### **Workshop 3E Solution-focused counselling and career counselling**

**Judi Miller** Lecturer, University of Canterbury

Solution-focused brief counselling is recognised as an effective, constructivist approach to counselling and coaching. It can also be an effective approach in career counselling. In this workshop, delegates will be encouraged to incorporate constructivist principles in their work by providing them with an opportunity to experience the co-constructive roles of both counsellors and clients. The workshop will be experiential. New thinking and skills will emerge for delegates that they can apply to their counselling be it focused on personal and/or career work.

### **Workshop 3F Counselling Supervision: An Introductory Workshop – PART 1 OF 3**

**Nadine Pelling** BA (Hon Psychology), MA, PhD

Supervision aids in the development of applied professionals and protects clients from substandard care. Often the transition from counsellor to counselling supervisor has taken place without the benefit of training specific to supervisory skills. This can leave beginning supervisors searching for support and information to better their supervisory interactions. Do you have experience as a counsellor? Are you interested in helping others develop their counselling knowledge, awareness, and skill? If you answered yes to these two questions then you should attend this workshop on counselling supervision. Supervisory duties, ethical issues, practitioner development, goal setting, and supervisory interventions are all covered in this introductory workshop that can help you create a conceptual frame for your supervisory interactions.

11:00am Morning tea

## 11:30am **Working Groups – Part 2 of 3**

**You will continue in the same Working Group.**

1:00pm Informal lunch

## 2:00pm **Workshops – Session 4**

### **Workshop 4A Sandplay Therapy Without Sand! Use of Sand Play Symbols in Assessment and Intervention – PART 1 OF 2**

**Rosa Bologna** BA (Hons), MA (Psych), MAPS

This presentation will introduce innovative and simple to use activities involving traditional sand play symbols and figurines. Participants will explore a number of practical exercises suitable for use with children, adolescents and adults presenting with a variety of issues.

### **Workshop 4B The 'Triple S' Methodology of Suicide Minimisation – PART 1 OF 2**

**Adrian Hellwig** M Comm, B Theol, GD Counselling, MCCA, CMACA (CPC)

This workshop, while looking at the situation in schools as an example, will examine the growing awareness of the effect and extent of suicide in the world community. While suicide cannot be prevented, the emerging 'Triple S' methodology would seem to bring some hope to minimising the risk of suicide in our communities. The workshop will take the form of an interactive Power Point presentation with small group discussion of case histories, and plenty of time for questions.

### **Workshop 4C After the Last Drink: Creating a New Life – PART 1 OF 2**

**Graeme Alford**

In this high impact workshop, Graeme Alford will show you how the recovering alcoholic can achieve what they only ever dreamt of. Graeme went

from an extremely successful lawyer to a prison cell convicted of armed robbery. His chronic addiction to alcohol and gambling saw Graeme lose everything. His book *Never Give Up* has been reprinted four times and become a best seller; and has been used by hundreds of readers as the blueprint for their recovery and inspiration. In this workshop Graeme will reveal the program, skills and techniques he created for redesigning his life.

**Workshop 4D** **The Contribution of Neuropsychology in Working with Learning Disabled Students – PART 1 OF 2**

**Jackie Allen** Ed D

This workshop will briefly review how the brain works; the relationship of those functions to learning, especially in the process of reading, and to learning disabilities; the possibilities for application of brain-based learning to counselling and working with learning disabled students; and the overall curriculum changes necessary to support a brain-based learning environment. Participants will experience a series of brain-based activities to use with students.

**Workshop 4E** **A Salutogenic Approach to Therapy with Adult Survivors of Prolonged Early Childhood Abuse and Trauma – PART 1 OF 2**

**Colleen Jackson** Director of Sisters of Charity Outreach (Devonport, Tasmania), PhD, M Ed, Post Grad Dip Applied Psych, Post Grad Dip Pastoral Guidance

This workshop will examine therapeutic intervention and support for adult survivors of childhood and later trauma. Based on clinical practice, and using illustrative case studies and contemporary trauma research, it will explore the implications for therapy when clients present with multiple life traumas. Where does the clinician start? Where do you focus the work? What is the work? Who else needs to be included? What constitutes recovery and wellness in the face of multiple events which have resulted in multiple traumatic injuries? This workshop will present a cognitive-behavioural and systems perspective focused on salutogenic (wellness) principles and a client-centred emphasis. Through input and discussion, this workshop will offer the opportunity to increase understanding of the impact of traumatic experience and improve strategies and skills for leading individuals towards stability and healing.

**Workshop 4F** **Innovative Counselling with Anxious Children – PART 1 OF 2**

**Marilyn Campbell** PhD, MAPS

It is estimated that anxiety disorders can affect up to 18% of 6-17 year-olds. In addition, there are many children who are excessively anxious although not meeting criteria for an anxiety disorder. A number of strategies, including cognitive behaviour counselling techniques, Kendall's Coping Cat program and variations such as the FRIENDS program have found some success. However, for preschool and primary age children other therapeutic counselling techniques using a wider range of child friendly interventions can also be successful. This workshop will demonstrate counselling techniques live and by video to use with anxious children and their parents.

**Workshop 4G** **Counselling Supervision: An Introductory Workshop – PART 2 OF 3**

**Nadine Pelling**

See Workshop 3F above for details.

3:15pm Afternoon tea

3:45pm **Workshops – Session 5**

**Workshop 5A** **Sandplay Therapy Without Sand! Use of Sandplay Symbols in Assessment and Intervention – PART 2 OF 2**

**Rosa Bologna**

See Workshop 4A above for details.

**Workshop 5B** **The 'Triple S' Methodology of Suicide Minimisation – PART 2 OF 2**

**Adrian Hellwig**

See Workshop 4B above for details.

**Workshop 5C** **After the Last Drink: Creating a New Life – PART 2 OF 2**

**Graeme Alford**

See Workshop 4C above for details.

**Workshop 5D** **The Contribution of Neuropsychology in Working with Learning Disabled Students – PART 2 OF 2**

**Jackie Allen**

See Workshop 4D above for details.

**Workshop 5E** **A Salutogenic Approach to Therapy with Adult Survivors of Prolonged Early Childhood Abuse and Trauma – PART 2 OF 2**

**Colleen Jackson**

See Workshop 4E above for details.

**Workshop 5F** **Innovative Counselling with Anxious Children – PART 2 OF 2**

**Marilyn Campbell** PhD, MAPS

See Workshop 4F above for details.

**Workshop 5G** **Counselling Supervision: An Introductory Workshop – PART 3 OF 3**

**Nadine Pelling**

See Workshop 3F above for details.

5:00pm Close

7:00pm **International Conference Dinner celebrating IAC's 40th Birthday**

**Celebrate the International Association for Counselling's 40th birthday at the spectacular Rooftop at Rydges South Bank.**

You will be spoiled with a sumptuous buffet, courtesy of Rydges' chef, and the popular Caxton Street Jazz Band will entertain you with music from various genres. This will be a relaxed and fun evening. You are very welcome to bring a guest.

**PLEASE NOTE:** Numbers are limited to the first 250 paid up delegates / guests. **Dress:** Formal

11:00pm Close

## Saturday 8 July 2006

8:00am Registration and coffee

9:00am **Counselling Student Essay Winner and Poster Session**

The winner of the **2006 International Conference on Counselling's Australian and New Zealand Counselling Student Essay Contest** will present his/her manuscript. The **Poster Session** will occur concurrently in a separate area.

9:30am **Keynote Speaker**

**DR NADINE PELLING** BA (Hon Psychology), MA, PhD

**"Australasian Counselling Research: Current Status and Future Directions"**

10:15am **Workshops – Session 6**

**Workshop 6A** **Feet on the Ground, Head in the Air**

**Janelle Dickson** Guidance Officer

**Marilyn Pemberton** BA, D Ed, D Sch Coun, M Ed Stud

It seems to be increasingly challenging to provide the traditional model of Guidance Service in a rural and remote region while meeting the demands and complexities of our ever-changing world. The aim of this workshop is to provide an opportunity to rethink the provision of a Guidance Service and to examine the potential of technology to connect students and to create relationships in an on-line world.

**Workshop 6B The Core Paradigm: A Diverse Therapeutic Approach to Wholeness**

**John Falcon** MA

In this workshop, participants will be introduced to the Core Profile. The Core Profile is a self-guided method to clearly identify and describe our Automatic Core Dynamics and to learn specific tools to release the Authentic Self. There are several elements defined by the Profile process. Each person develops a personal experience of their unique relationship to the Core components and they learn individualised tools to disengage the Auto/protector self when reactivated. The Core Profile also allows us to modify our coping behaviour and free ourselves frequently from our Auto/protector self, but more importantly, it gives us individualised tools when we are triggered, to recognise how, what, when, and why we are off track again, and supports us to regain our balance, sense of Self, and peace of mind.

**Workshop 6C Writing for Publication**

**Gary Hermanson** Editor of International Journal for the Advancement of Counselling (IJAC)

**Courtland Lee** Editorial Board IJAC

This workshop will provide guidelines for developing manuscripts for publication in scholarly counselling journals. Specific guidance will be offered for preparing manuscripts for the International Journal for the Advancement of Counselling.

**Workshop 6D Career Counselling and Systems Theory: Helping Clients Tell Their Career Stories**

**Mary McMahon** PhD

The Systems Theory Framework of career development (STF) depicts the multitude of influences on individuals' career development and in doing so exemplifies constructivism. The STF may also be used as a conceptual and practical framework to inform career counselling. Using an STF approach, individuals are encouraged to ascribe personal meaning to their career influences and to tell their career stories. This workshop will introduce participants to conceptual understandings related to the individual, systemic thinking, story and recursiveness that may provide as a theoretical base for their work.

**Workshop 6E Waka Oranga (Merging Treatment and Healing Modality) – Working with indigenous clients recovering from co-existing disorders**

**Ngarongo Te Oti Ormsby** Kaihoutu CAC, PostGradDipCBT, NZAC, DAPAANZ

This workshop will introduce participants to the ancient indigenous art of Kaihoe Waka (paddling a great canoe). We explore this ancient Polynesian concept and how it relates to the journey and discovery of recovering clients. We examine the treatment models of cognitive behavioural therapy, addiction counselling and how this Western knowledge merges into an indigenous healing framework of co-operative and integrated solutions to client recovery. Participants will experience the ancient indigenous art of Kaihoe Waka.

**Workshop 6F It Ain't No Rocket Science: Consumer Mental Health Pamphlets that Connect**

**Simon Bridge** MBBS, FACRRM, MPH, GD Family Therapy

During this workshop, participants will be introduced to two pamphlets dealing with suicide and schizophrenia respectively - *Toughin' it out: Strategies for dealing with suicidal thoughts* and *Roadmap to Recovery from Schizophrenia*. The pamphlets take a narrative therapy and solution focussed approach, which makes them simple, respectful and hopeful. They target impulsivity and put the consumer in control of these dangerous thoughts.

**11:30am** Morning tea

**12:00pm Working Groups – Part 3 of 3**

**You will continue in the same Working Group.**

**1:30pm** Informal lunch

**2:30pm The Hans Z Hoxter Memorial Lecture**

**DR SAMUEL GLADDING** Immediate Past President of American Counseling Association, Professor of Counselling at Wake Forest University (North Carolina)

**“Creativity in Counselling”**

**3:15pm Closing Ceremony**

**4:00pm** Close

## Stimulus Papers and Poster Presentations

**Proposals for stimulus papers for the working groups and / or poster presentations** can be forwarded to [roslim@iinet.net.au](mailto:roslim@iinet.net.au).

**The deadline is Sunday 30 April 2006.** Decisions will be made as proposals are received and early submissions are most welcome.

## Other Information

### Accuracy of Program

Every effort has been made to ensure the above program is accurate, however changes may occur. The Organising Committee will advertise any changes as soon as is practicable.

### Public Transport

The nearest train station is South Bank. Exit from the station onto Grey Street and turn right. Rydges South Bank is two blocks ahead, on the corner of Grey and Glenelg Streets.

### Car Parking

Valet parking is available at Rydges for \$12 per vehicle per day, for hotel guests only. There are several other car parks close by in South Bank (prices vary).

### Certificates of Attendance

Certificates of Attendance will be available on Saturday afternoon.

### Cancellations

If you are unable to attend the conference, a substitute delegate is welcome, at no extra charge. Where no substitute is available, a fee of \$100.00 (incl GST) will apply for cancellations received by Creative Conference Solutions in writing at least 28 days prior to the event. Thereafter, no refunds will be made.

### Privacy Policy

Delegates' details will be held on a database by Creative Conference Solutions. This list will be used for conference purposes only and will not be published. Credit card details will remain confidential.

## Organising Committee

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# International Conference on Counselling 2006

Queensland Guidance & Counselling Association Inc ABN 52 631 913 766

## Registration Form / Tax Invoice

### Section A – Personal Details

First Name \_\_\_\_\_ Family Name \_\_\_\_\_  
Title \_\_\_\_\_ Preferred Name on Badge \_\_\_\_\_  
Position \_\_\_\_\_  
Organisation \_\_\_\_\_  
Postal Address \_\_\_\_\_  
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Postcode \_\_\_\_\_  
Country \_\_\_\_\_  
Telephone (country code) \_\_\_\_\_ (area code) \_\_\_\_\_ (phone number) \_\_\_\_\_  
Mobile / Cell Phone \_\_\_\_\_  
Email \_\_\_\_\_  
Current Membership Organisation(s) \_\_\_\_\_  
Membership Number(s) \_\_\_\_\_  
Special Dietary Requirements \_\_\_\_\_

### Section B – Payment Details

#### Wednesday 5 July 2006

I am attending the International Research Seminar \$A12.00 (incl GST) \$ \_\_\_\_\_

I am attending the Welcome Party \$A20.00 (incl GST) \$ \_\_\_\_\_

I am bringing \_\_\_\_\_ guest/s to the Welcome Party \$A20.00 (incl GST) per person \$ \_\_\_\_\_

#### Thursday 6, Friday 7 & Saturday 8 July 2006

I am attending the International Conference on Counselling 2006 (please tick one box)

**Member\* early bird rate \$A395** (incl GST) \$ \_\_\_\_\_

(must be received by last mail 31 March 2006)

**Non-member early bird rate \$A445** (incl GST) \$ \_\_\_\_\_

(must be received by last mail 31 March 2006)

**Member\* standard rate \$A495** (incl GST) \$ \_\_\_\_\_

**Non-member standard rate \$A545** (incl GST) \$ \_\_\_\_\_

**Day rate (available for Saturday only) \$A195** (incl GST) \$ \_\_\_\_\_

\* Members of IAC, AGCA, QGCA, ACA and FPCQ are eligible for "Member" rates.

These prices include **coffee on arrival, morning tea, lunch** (except for International Research Seminar on Wednesday) **and afternoon tea** (except for International Research Seminar on Wednesday).

#### Friday 7 July 2006

I am attending the Conference Dinner AU\$87.00 (incl GST) \$ \_\_\_\_\_

I am bringing \_\_\_\_\_ guest/s to Conference Dinner AU\$87.00 (incl GST) per person \$ \_\_\_\_\_

**TOTAL** \$ \_\_\_\_\_

I enclose a cheque / money order made out to "Queensland Guidance & Counselling Association Inc" **OR**

Please charge my credit card:  Bankcard  Mastercard  Visa

Card number \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Expiry Date \_\_\_\_ / \_\_\_\_

Card name \_\_\_\_\_ Signature \_\_\_\_\_

### Section C – Accommodation, Transport and Tours

**For accommodation or tour bookings, please contact Suzana Medanic at LIDO:**

Email [suzanam@lido.com.au](mailto:suzanam@lido.com.au) or [bookings@lido.com.au](mailto:bookings@lido.com.au)

Phone +61 2 8585 0853

Website <http://www.lido.com.au>

Fax +61 2 8585 0802

**For airport transfer services or sightseeing tours, please contact Anji Kemp-Nishiyama at Aries Tours:**

Email [anji@aries-tours.com](mailto:anji@aries-tours.com)

Phone +61 7 5594 9978

Website <http://www.aries-tours.com>

Fax +61 7 5594 9160

## Section D – Selections (please tick)

### Wednesday 5 July

- International Research Seminar**
- Welcome Party**
- I will be bringing \_\_\_\_\_ guest/s to the Welcome Party.

### Thursday 6 July

- International Conference on Counselling - Day 1**

#### Opening Ceremony

#### Keynote Speaker – Jerry Moe

#### Working Groups Part 1 of 3

(please indicate your first preference with a "1" and second preference with a "2", in the boxes below)

- A Personal counselling
- B Family counselling
- C Career counselling
- D Counselling in educational settings
- E Trauma and non-finite grief counselling
- F Counsellor training and supervision
- G Cross cultural issues in counselling
- H Counsellors' roles in community mental health

#### Workshops Session 1

(please indicate your first preference with a "1" and second preference with a "2", in the boxes below)

- 1A Indigenising? Globalising? Universalising?
- 1B Exploration of Dual Relationships
- 1C Religion, Values and Secular Counselling
- 1D Elements of the Supervision Relationship
- 1E Career Education for Special Education Students
- 1F Developing a Successful Private Practice

#### Workshops Session 2

(please indicate your first preference with a "1" and second preference with a "2", in the boxes below)

- 2A The Experience of Canadian Workers
- 2B 'RRRR' Model for an Assertive Response Resolution
- 2C Domestic Abuse: Strategies of Christian Women
- 2D A Process Orientated, Holistic Approach to Counselling
- 2E Trust – Creating an Ethic to Encompass Cultural Diversity
- 2F What do Clients Expect from Career Counselling?

#### Meeting of Executives of Counselling Associations

(limited to one representative from each association)

Association \_\_\_\_\_

Country / State \_\_\_\_\_

### Friday 7 July

- International Conference on Counselling - Day 2**

#### Opening Address – Ron Perry

#### Keynote Speaker – Dr Paul Gibney

#### Workshops Session 3

(please indicate your first preference with a "1" and second preference with a "2" in the boxes)

- 3A Back from the Edge Youth Project
- 3B Motivational Interviewing as a Tool for Behaviour Change
- 3C Counselling Education in Lay Volunteer Settings
- 3D Cross Cultural Implications for Social Justice and Practice
- 3E Solution-focused Counselling and Career Counselling
- 3F Counselling Supervision – Part 1 of 3

### Working Groups Part 2 of 3

#### Workshops Session 4

(please indicate your first preference with a "1" and second preference with a "2", in the boxes below)

- 4A Sand Play Symbols in Assessment & Intervention – Part 1 of 2
- 4B 'Triple S' Methodology of Suicide Minimisation – Part 1 of 2
- 4C After the Last Drink – Part 1 of 2
- 4D Neuropsychology & Learning Disabled Students – Part 1 of 2
- 4E Salutogenic Approach to Early Childhood Abuse – Part 1 of 2
- 4F Innovative Counselling with Anxious Children – Part 1 of 2
- 4G Counselling Supervision – Part 2 of 3

#### Workshops Session 5

(please indicate your first preference with a "1" and second preference with a "2", in the boxes below)

- 5A Sand Play Symbols in Assessment & Intervention – Part 2 of 2
- 5B 'Triple S' Methodology of Suicide Minimisation – Part 2 of 2
- 5C After the Last Drink – Part 2 of 2
- 5D Neuropsychology & Learning Disabled Students – Part 2 of 2
- 5E Salutogenic Approach to Early Childhood Abuse – Part 2 of 2
- 5F Innovative Counselling with Anxious Children – Part 1 of 2
- 5G Counselling Supervision – Part 3 of 3

#### Conference Dinner

- I will be bringing \_\_\_\_ guest/s to the Conference Dinner.

### Saturday 8 July

- International Conference on Counselling - Day 3**

#### Student Contest Winner / Poster Session

#### Keynote Speaker – Dr Nadine Pelling

#### Workshops Session 6

(please indicate your first preference with a "1" and second preference with a "2", in the boxes below)

- 6A Feet on the Ground, Head in the Air
- 6B A Diverse Therapeutic Approach to Wholeness
- 6C Writing for Publication
- 6D Career Counselling and Systems Theory
- 6E Waka Oranga (Merging Treatment and Healing Modality)
- 6F Consumer Mental Health Pamphlets that Connect

### Working Groups Part 3 of 3

(If you are attending Saturday only, please indicate your first preference with a "1" and second preference with a "2", in the boxes below)

- A Personal counselling
- B Family counselling
- C Career counselling
- D Counselling in educational settings
- E Trauma and non-finite grief counselling
- F Counsellor training and supervision
- G Cross cultural issues in counselling
- H Counsellors' roles in community mental health

### The Hans Z Hoxter Lecture – Dr Samuel Gladding

#### Closing Ceremony

Version 2: Information correct as at January 2006

## Section E – To Register

Fax to:  
+61 7 5545 3125

Post to:  
International Conference on Counselling 2006  
Creative Conference Solutions  
PO Box 49  
Eagle Heights QLD 4271  
Australia

Registration Enquiries:  
creativecs@optusnet.com.au

Office Use Only:  
Date Received

Receipt Number